



The Diana Award definition of bullying is "repeated negative behaviour that is intended to make others feel upset, uncomfortable or unsafe." Cyberbullying is bullying which takes place online. It can involve anything from sending messages to posting offensive comments to uploading and sharing private or embarrassing photos. It is classed as an indirect form of bullying when compared to verbal or physical bullying, given it usually takes place through a digital device. However, for those experiencing bullying behaviour, the consequences can be just as serious and have far reaching effects.

ANTI-BULLYING

What schools need to know about CYBERBULLYING

3 KEY ASPECTS OF BULLYING BEHAVIOUR

There are three key aspects of bullying behaviour, namely that it is repetitive, negative and intentional. These behaviours apply both offline and online. Cyberbullying can almost highlight these behaviours, particularly with access to the internet available 24/7 and the different ways in which those displaying bullying behaviour online can target others. The fact that they can also easily hide their identity online can make cyberbullying much more difficult to stop.

DIFFERENT DEVICES & CHANNELS

Cyberbullying can take place over any device connected to the internet which allows for two-way communication. This includes mobile phones, tablets, computers and even games consoles as it becomes more and more common for players to chat to other players whilst playing online. From a snapshot of 1,400 students surveyed by the Diana Award in 2016, 33% of young people admitted to have experienced bullying on social media, 11% via text message and 12% whilst online gaming.

WHAT LEADS TO CYBERBULLYING

There is never any justification for cyberbullying and those who display bullying behaviour need to be held to account for their actions. Nonetheless, it can be useful to try and understand some of the factors that may lead young people into bullying behaviour. For example, family issues, personal difficulties and a lack of positive reinforcement may push some young children into bullying others as a form of coping mechanism. Similarly, those exhibiting bullying behaviour may blame their targets for provoking their behaviour in the first place or engage in bullying behaviour as a call for attention if they lack social skills or understanding. Others may view their position as dominant which makes themselves less vulnerable to being bullied or they replicate behaviour they have experienced themselves in the past.

SIGNS AND SYMPTOMS

Cyberbullying can affect anyone, at any time, at any place. The impacts of cyberbullying can be long-lasting and leave people feeling scared, anxious and lonely. Some of the more obvious signs that those experiencing bullying behaviour might show include weight loss, crying, mood changes, depression and regularly avoiding school. Other symptoms, which might be less obvious to spot and would be difficult to pick up on in isolation, may include changes in body language like hunched shoulders, walking slower or an inability to make eye-contact. In extreme cases, those experiencing bullying behaviour may have unexplained marks or scars which could be evidence of self-harm.





National Online Safety
#WakeUpWednesday

Tips For School Staff

TAKE A WHOLE SCHOOL APPROACH

In taking a whole approach towards cyberbullying, schools can cultivate a culture that relies on positivity and behaviour that is emulated by ALL members of the school community including staff, support staff, senior leaders, governors and parents and carers.

BUILD CONFIDENCE IN DEALING WITH INCIDENTS

This can be achieved by having clear knowledge of what constitutes bullying behaviour, having clear sanctions and courses of action and continually updating your knowledge of safety procedures regarding online and offline incidents.

USE CHILDREN AND YOUNG PEOPLE AS A RESOURCE

Ensure you understand what is influencing the behaviour of young people in your community. If schools know what their students are engaging with, it can be easier to develop and implement relevant and effective tactics / strategies to counter cyberbullying issues.

UNDERSTAND THE CAUSES OF BULLYING

As previously mentioned, sometimes those who are behind the bullying are in need of support just as much as those who are being targeted. In better understanding the cause of the issue, schools can better position themselves to tackle the problem and also adequately support both those displaying and experiencing the bullying behaviour. Taking a proactive approach means that schools can gear themselves to tackle issues specific to their school environment, rather than treating each case the same.

ENSURE ALL STAFF KNOW THEIR ROLES AND RESPONSIBILITIES

All staff have a role to play in educating and supporting children who are affected by cyberbullying, not just those responsible for safeguarding or online safety. Regular training, continuous professional development and clear school policies can help to empower staff in effectively managing any cyberbullying issues and in providing a united staff front on zero tolerance to all bullying behaviour.

In collaboration with



THE DIANA AWARD

Ask For Help

For further support, advice or guidance to support you students at school, or to sign up to The Diana Award's free Anti-Bullying Ambassadors training events, head to www.antibullyingpro.com

www.nationalonlinesafety.com Twitter - @nationalonlinesafety Facebook - /NationalOnlineSafety

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The Apple



The weekly news from Isaac Newton School, Grantham

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Dear Parents/Carer

It has been another extremely busy and successful week here at school. I would like to say a huge thank you to all of those members of the school community who came to the Rotary Club Swimathon last Sunday. It was incredible to fill each lane in the pool and a tremendous effort by all. We have raised over £2000 for the Rotary Club which is fantastic.



Inside school we've also been busy. Our Year 3s and 4s were treated to a fantastic Stone Age workshop where they learnt lots of new things. This was also a chance for them to show off some of the learning which they have already been doing in class. The man delivering the workshop was very



impressed with both the behaviour and knowledge of all our children- well done everyone!

In Year 6 the children have been getting stuck into their topic. Here you can see some of their wonderful work about



mountains. They even had a competition to see which group could create the largest mountain structure. Great for our learning powers of 'collaborating and 'persevering. Don't forget to check out our 'Weekly Wonders' page on the school website (on the news page) to find out even more about life in school!

https://isaacnewton.eschools.co.uk/website/february_2020/448759

Finally – please don't forget that it is the half term break next week. The children return on Monday 24th February.

Chris Heathcote

Chris Heathcote

Headteacher

School Transport

If your child is starting primary school or transferring to secondary school in September 2020 they may be eligible for school transport. If you think your child is eligible please apply for transport as soon as you have your offer of a school place. Applications can be made online at the website below or a telephone application can be made by contacting the Customer Service Centre on 01522 782020.

Drinks in School

We encourage all children to drink plenty throughout the school day. Our policy is that only water is to be consumed during lesson times and PE. At lunchtime cordial and water (squash) is permitted. Thank you in advance for your support with this matter.



Attendance

Attendance has seen a significant rise over the past year and a bit, with the school consistently being above the national average of 96%. Thank you for all of your support.

Unfortunately our school attendance has started to drop again and although we know that there was a significant amount of illness during November and December, we also know that there are a number of children who are not attending as well as they could be. When children do not attend school as much as we would expect, we have had to send letters home which may eventually lead to a fine should school attendance not improve. If you do get a letter then please do all that you can in order to ensure that your child is at school as often as possible.

Where there are concerns about school attendance, Mrs Pask holds meetings with parents and carers to ensure that the school can support them and address any concerns they may have. Hopefully we will be able to work together to ensure that our children are in school as often as possible and get back to above 96%. Thank you to all those parent/carers (there are lots and lots of you) who continue to ensure that your children attend school regularly.

Every School Day Counts Your Child Deserves an Education					
190 school days in each year	10 days absence	180 days of education	19 days absence	171 days of education	29 days absence
				161 days of education	38 days absence
				152 days of education	47 days absence
				143 days of education	
100% Excellent	95% Good	90% Poor	85% Very Poor	80% Very Poor	75% Very Poor
This is the best chance of success. Get your child off to a flying start. You should be aiming for 96% and above.		WORRYING Less chance of success. It's harder for your child to make progress.		SERIOUS CONCERN Not fair on your child. Could lead to court action or Fixed Penalty Notice.	

Free Fruit in School

As many of you will already be aware, all of the children in school now have access to free fruit at breaktimes. We would very much appreciate your support with healthy eating in school so if you could encourage your children to eat the free fruit and ensure that they are only coming to school with healthy snacks then that would be fantastic. We also have our 'healthy tuck shop' which will be taking place on Fridays!



Forest Schools

A huge congratulations to Mrs Fulcher for passing the practical element of her forest schools qualification. She now only needs to submit her written work before becoming a fully qualified forest schools leader! The children have already benefitted hugely from all the activities which she has been running and we look forward to her having a wider impact across the whole school.



Mrs Fulcher has also organised an outdoor learning day for the staff during our INSET day on Friday. The staff will then be using what they have learnt to enhance our curriculum and plan opportunities for the children to make the most of our outdoor environment!

Facebook and Twitter

Don't forget that you can follow us on Facebook and Twitter. We use both platforms to let you know of any significant updates during the week and also to show what has been going on in school.



Legacy Tour Assembly

Last week we hosted the Inspire+ Legacy Tour Assembly. Our Bronze Young Ambassadors led the assembly, presenting facts and information all about the Olympics and Paralympics taking place in Tokyo. We were handed the flag, which is being signed by all the local primary schools. It will then be given to Jonathan-Broom Edwards, a Paralympic high jumper and Inspire+ ambassador, who is competing this summer. We signed the flag, wishing Jonathan good luck for the competition. We then went to Huntingtower Primary School the following day to hand over the tour and flag. A huge well done to our Bronze Ambassadors, standing and presenting in front of the school can be very scary – you did a fantastic job, we are proud of you!!



Gymnastics

Last week 10 Year 2 children attended the Grantham Gymnastics Competition at Huntingtower School. This was the first time they had represented Isaac Newton School at a sporting event and they were very excited! The children have been practising during lesson times and at an after school club, so were fully prepared. Each child completed a floor and a vault routine, performing in front of a large audience of parents and judges. Once all schools competed, they were awarded with certificates and badges for their efforts. Well done to everyone, you were fantastic all afternoon!



Dates For Your Diary:

13 th February	Last Day Before Half Term
24 th February	School Re-Opens
11 th March	Year 5 Yorkshire Wildlife Park Visit
12 th March	Year 6 Yorkshire Wildlife Park Visit
18 th March	Parents' Evening (until 8pm)
19 th March	Parents' Evening (until 5pm)
23 rd March	Year 5 half day visit to PGL.
1 st April	Class Photographs
11 th May	SATs Week

School Term Dates:

Term 1	4 Sept - 18 Oct
	October Break
Term 2	29 Oct - 19 Dec
	Christmas Break
Term 3	6 Jan - 13 Feb
	February Break
Term 4	24 February – 2 Apr
	Easter Break
Term 5	20 Apr - 22 May
	May Break
Term 6	1 Jun - 21 Jul