

NOS National Online Safety
#WakeUpWednesday

12 Smartphone Online Safety Tips

FOR CHILDREN WITH NEW DEVICES

The Christmas season has finally arrived and soon many of you will be opening your presents in the hope that Santa has listened to your request for the latest mobile phone or smart device. Owning a mobile phone can be fun, but it's important to use it safely and responsibly. By following our safety tips below, you can make sure that you set up your phone securely, keep your personal information private and enjoy using your phone in the healthiest way possible.

- 1 ALWAYS SECURE YOUR PHONE WITH A PASSWORD**
This will help to keep your private information safe and won't allow others to access your phone without your permission. Make sure your password is memorable and personal to you but something which other people can't guess, and always share it with your parents just in case you forget it.
- 2 DISABLE LOCATION SETTINGS**
This can usually be done from the device's privacy control settings. Disabling location settings means that your phone can't be tracked by others and strangers can't tell where you are when you're using it. It also helps to save battery.
- 3 ALWAYS USE A SECURE WIFI NETWORK**
When you use your WIFI at home usually it is a secure network that only you and your family know the password to. Public networks, like those in coffee shops, can be accessed by anyone which means that people could potentially hack into your device and access your personal information without you realising.
- 4 ONLY PAIR WITH BLUETOOTH DEVICES YOU KNOW**
A Bluetooth connection with another device means that you can send and receive data wirelessly. For example, you could listen to music wirelessly or receive pictures and videos from your friends. However, pairing your phone with a device you don't know means that you could be sharing personal information with a stranger or could leave your device open to receiving viruses.
- 5 ONLY USE APPS WHICH YOU ARE OLD ENOUGH TO USE**
Before downloading any new apps, always check the age-rating of the app. If you need help, ask your parent or carer to make sure that the app is safe for you to use and never download anything which you are too young for as it may contain things that aren't safe for you to see.
- 6 BEWARE OF BECOMING ADDICTED TO YOUR PHONE**
Your phone can be fun to use and it's easy to become too attached, whether it's keeping in touch with friends, discovering new features or downloading the latest apps. Remember it's always good to talk in person, go out and have fun and get regular exercise. This will keep you fit and healthy and make you appreciate there's more to life than just your mobile phone.
- 7 LIMIT YOUR SCREEN TIME**
Using your phone for too long, particularly in the evenings, can make you feel tired at school, affect your concentration and make you lose interest in other things in life. Only use your phone at certain times of the day and don't use it close to bedtime. You can set a 'screen time limit' via the settings on your phone. This will help you stay fit and healthy and means that you will still be able to focus and perform well at school.
- 8 THINK OF OTHERS WHEN TAKING PHOTOS**
Don't take embarrassing photos of other people on your phone. If other people get access to the photo and share it with more people, it could make that person really upset and treated as a form of bullying. Always be mindful of the photos you take using your camera and who you share them with.
- 9 MAKE SURE YOUR PARENTS SET UP 'PARENTAL CONTROLS'**
This means that you will be able to use your phone safely and securely and won't accidentally do things you shouldn't do. The best time to do this is when you get a new phone or device so that you're protected from the very beginning.
- 10 ALWAYS TALK TO YOUR PARENTS IF YOU DON'T FEEL SAFE**
Sometimes, even though your phone is really secure, you might see something you don't like, or someone might contact you who you don't know. If this happens, always tell your trusted adult like your parents, carers, other adult family members or a teacher, all of whom will be able to support you and advise you on what you should do next.
- 11 DON'T TEXT AND WALK**
This might seem like a strange thing to say but it can be dangerous to stare at your mobile phone whilst walking outside alongside busy roads or bicycle paths. In some cases, children have been knocked over by cars or cyclists because they haven't been aware of their surroundings whilst texting or playing games on their mobile devices.
- 12 DON'T SHARE YOUR NUMBER OR YOUR DEVICE WITH PEOPLE YOU DON'T KNOW.**
Never feel pressured into sharing your phone number with people you don't know and don't lend your phone to strangers or keep it where others could get hold of it. Look after your device and always keep it hidden from sight to avoid it being stolen or broken into.

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The Apple



The weekly news from Isaac Newton School, Grantham

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Dear Parents/Carer

I have finally returned to school this week following my paternity leave. I am pleased to be able to say that we welcomed baby Alexander into the world weighing an incredible 9lb 12oz! It's an amazing feeling becoming a parent for the second time but I must say that it's a bit more of a challenge now that we have two children in the house- I'm sure nobody warned me! I've been overwhelmed by all of the kind messages and congratulations which I have received from children, parents/carers, staff and the school community. Thank you all so much and as always I count myself very fortunate to be the headteacher of such a kind and caring school!



I was very disappointed to have missed the Christmas performances over the last two weeks. It is one of my favourite times of the year as it gives so many children a chance to shine and never fails to fill me full of festive cheer. Mrs Pask has told me all about them and I know she was very impressed- it sounds like everyone involved did a fantastic job! I look forward to being able to watch them next year!

Despite all of the Christmas performances, the children have still managed to find time to do some amazing work.



Here are some photos of our artwork from Years 3 and 5. Year 3 have created some volcano collages using lots of different collage techniques (such as curling, and ripping) whilst year 5 have created Tudor houses.



I would like to thank all of the staff here at school for their continued hard work (especially with the Christmas performances). The children are extremely fortunate to have such wonderful people working with them each and every day.

I hope that you all have an excellent Christmas and a great New Year and look forward to seeing the children back in school on **Monday 6th January**.

Chris Heathcote

Chris Heathcote
Headteacher

Applying for a place in Reception next year

Children born between 1 September 2015 and 31 August 2016 are due to start Reception in September 2020. Don't forget that the window for applying for a place in Reception is now open. Parents should already have received information from Lincolnshire County Council. If your child is 4 this school year (September 20 to August 21) then you need to apply for a place soon! If you would like to come for a visit or know anybody who does then just make an appointment at the school office.

Rotary Stars

Congratulations to all the children who won a 'Rotary Star' award during our assembly last Friday.



Sun Books

We are collecting tokens for the Sun Newspaper's 'Books for Schools' campaign. We need to collect 3,500 tokens from 'The Sun' and 'The Sun on Sunday' between Saturday, November 23, 2019, and Saturday, January 18, 2020. Please can you hand in any tokens to the school office. We will let you know how we are progressing towards our target. Thank you for your support!

Parking and litter

We have had some reports from local residents of inconsiderate parking and littering around Dexter Avenue. Please can we remind everyone to be mindful of these issues and to ensure that they are considerate of our local residents. Thank you in advance for your support with this matter.

Girls Football

The girls football team were in action a few weeks ago at the girls football tournament. They played exceptionally well, working hard and improving with every game. After a little confusion with the results, we are now able to confirm that the girls finished in 3rd place (we initially thought that it was 4th). They also won a mini skills challenge, scoring the most points based on shooting at targets. Well done girls, you were a credit to Isaac Newton and had smiles on your faces all afternoon.



Volleyball Success

The school volleyball teams were in action last week. They competed in the Grantham and District Volleyball Tournament. With much training taking place prior to the competition, the children were prepared and well drilled. Following a round robin of games, playing 7 other teams, the children enjoyed putting their skills into real matches. The A Team were winners for the second year running! They will now compete at the County Finals in March! A fantastic achievement by all the children!!



Dates For Your Diary:

6th January 2020

Children return to school

School Term Dates:

Term 1 4 Sept - 18 Oct
October Break

Term 2 29 Oct - 19 Dec
Christmas Break

Term 3 6 Jan - 13 Feb
February Break

Term 4 24 Feb - 2 Apr
Easter Break

Term 5 20 Apr - 22 May
May Break

Term 6 1 Jun - 21 Jul